



## *Preparing Your Dog:*

To increase the likelihood of your dog responding well to Zendog, it is important to trial the product when your dog is relaxed and calm. Before using the shirt, give your dog the chance to get used to it under stress-free conditions. First, rub it gently on your dog then allow your dog to sniff the shirt so the smell and feel of the material become familiar.

Once your dog is familiar with the shirt, put Zendog on your dog (see fitting instructions on reverse) for a trial period – approximately 30 minutes. Most dogs will relax during the first wearing. If not, reduce the trial to a few minutes over several sessions until your dog relaxes. Consider offering your dog a treat while it is wearing the shirt to promote a positive association with Zendog.



# Fitting Instructions:

1. To become familiar with how Zendog should go on, first lay the shirt down with the Velcro undone and facing up (SEE DIAGRAM 1).
2. Zendog is easiest to put on when your dog is standing. Pull the shirt over your dog's head and then each of its front legs – one leg at a time – ensuring that the Velcro is on the top and the neck flaps are at the front.

**Note:** For dogs with a larger chest, you may find it easier to pull over the back legs first.

3. Secure the Velcro neck flaps snugly across your dog's neck (SEE DIAGRAM 2).
4. Wrap the stomach flap around your dog and secure to the Velcro at the top (SEE DIAGRAM 3).

**While a snug fit is important to activate pressure points, make sure Zendog is not too tight and that your dog appears comfortable and can move with ease.**

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